



**COACHING
OVER
COFFEE**

small group coaching

Spring Schedule

Small Group Coaching provides the opportunity to examine an issue within a small group and gain new insight through discussion and self reflection. Participants find it to be an inspiring format for learning, leading to improved outcomes.

4/12/18 Servant Leadership - Worth a Second Look

4/26/18 Managing Stress

5/10/18 Happiness - Link to Success

5/24/18 Overcoming Self Doubt

6/7/18 Avoiding Happiness Traps at Work

6/21/18 Boost Your Resilience at Work

All sessions are held in Lexington, KY, from 8:30 -9:45 am.

Fee: \$35/session or package of 5 for \$150. Seats are limited, reserve yours today! Call: Marian Guinn 859.230.4664 or email: Marian@MGCoachingandConsulting.com